

GRADUATE CERTIFICATE IN CLINICAL MENTAL HEALTH COUNSELING

Code	Title	Hours
COUN 5020	Professional Orientation to Clinical Mental Health Counseling	4
COUN 6200	Advanced Counseling Skills	3
COUN 6240	Diagnosis And Mental Health	4
COUN 6940	Counseling Internship	8
COUN 5600	Psychopathology: Conceptualizations and Assessment	4
Total Hours		23
First Term		
COUN 5020	Professional Orientation to Clinical Mental Health Counseling	4
COUN 6240	Diagnosis And Mental Health	4
Hours		8
Second Term		
COUN 5600	Psychopathology: Conceptualizations and Assessment	4
COUN 6200	Advanced Counseling Skills	3
Hours		7
Third Term		
COUN 6940	Counseling Internship	8
Hours		8
Total Hours		23

- PLO 1. F.1.a. history and philosophy of the counseling profession and its specialty areas;
- PLO 2. F.1.b. the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation;
- PLO 3. F.1.c. counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response team;
- PLO 4. F.1.d. the role and process of the professional counselor advocating on behalf of the profession;
- PLO 5. F.1.f. professional counseling organizations, including membership benefits, activities, services to members, and current issues;
- PLO 6. F.1.g. professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues;
- PLO 7. F.1.h. current labor market information relevant to opportunities for practice within the counseling profession;
- PLO 8. F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling;

- PLO 9. F.1.j. technology's impact on the counseling profession
- PLO 10. F.1.k. strategies for personal and professional self-evaluation and implications for practice;
- PLO 11. F.1.l. self-care strategies appropriate to the counselor role;
- PLO 12. F.1.m. the role of counseling supervision in the profession
- PLO 13. F.3.c. theories of normal and abnormal personality development;
- PLO 14. F.3.d. theories and etiology of addictions and addictive behaviors;
- PLO 15. F.3.h. a general framework for understanding differing abilities and strategies for differentiated interventions;
- PLO 16. F.5.c. theories, models, and strategies for understanding and practicing consultation;
- PLO 17. F.5.d. ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships;
- PLO 18. F.5.e. the impact of technology on the counseling process;
- PLO 19. F.5.h. developmentally relevant counseling treatment or intervention plans;
- PLO 20. C.1.a. history and development of clinical mental health counseling;
- PLO 21. C.1.c. principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning;
- PLO 22. C.1.d. neurobiological and medical foundation and etiology of addiction and co-occurring disorders;
- PLO 23. C.1.e. psychological tests and assessments specific to clinical mental health counseling.
- PLO 24. C.2.a. roles and settings of clinical mental health counselors;
- PLO 25. C.2.b. etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders;
- PLO 26. C.2.c. mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks;
- PLO 27. C.2.d. diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD);
- PLO 28. C.2.e. potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders;
- PLO 29. C.2.f. impact of crisis and trauma on individuals with mental health diagnoses;
- PLO 30. C.2.g. impact of biological and neurological mechanisms on mental health;
- PLO 31. C.2.h. classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for appropriate medical referral and consultation;
- PLO 32. C.2.i. legislation and government policy relevant to clinical mental health counseling;
- PLO 33. C.2.j. cultural factors relevant to clinical mental health counseling;
- PLO 34. C.2.k. professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling;

- PLO 35. C.2.l. legal and ethical considerations specific to clinical mental health counseling;
- PLO 36. C.2.m. record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling.
- PLO 37. C.3.a. intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management;
- PLO 38. C.3.b. techniques and interventions for prevention and treatment of a broad range of mental health issues;
- PLO 39. C.3.c. strategies for interfacing with the legal system regarding court-referred clients
- PLO 40. C.3.d. strategies for interfacing with integrated behavioral health care professionals;
- PLO 41. C.3.e. strategies to advocate for persons with mental health issues.