

MA IN RECREATION AND LEISURE STUDIES

Recreation Administration

The recreation and leisure studies (RLS) program offers advanced study beyond the baccalaureate level in recreation and leisure studies with emphasis in recreation administration or recreational therapy. The graduate degree offers students the ability to focus on areas of interest while obtaining skills beyond the entry level. Advanced coursework challenges the student to investigate personal philosophies as they relate to the delivery of recreation, sport and leisure services.

Students enrolling in the master of arts in recreation and leisure must meet the following minimum admission requirements:

- A bachelor's or professional degree earned from a department of approved standing and granted by an accredited college or university.
- A 2.70 or equivalent Grade Point Average (GPA) for all previous undergraduate academic work.
- Prerequisite academic work that indicates the applicant should be able to pursue effectively the master of arts in recreation and leisure studies.
- Proof of health and accident insurance.
- Satisfactory scores on the Test of English as a Foreign Language (TOEFL) if from a country where English is not the primary language.
- Provisional acceptance to the program may be considered for applicants not meeting the requirements for regular student status admission.

For the degree in recreation administration, immunizations, background checks, and a "fit for duty" test may be required by host agencies for internships. Students must provide their own transportation to internship sites.

Students in the recreation therapy program must provide verification of immunizations:

- Mantoux,
- Rubella Titer/Roseolla (MMR),
- Hepatitis B status, as well as
- current CPR certification.

Additional immunizations may be required by host agencies for clinicals or internships. Host agencies may also require background checks and/or "fit for duty" tests. Students must provide their own transportation to volunteer, clinical or internship sites. More information can be found at: <http://www.utoledo.edu/hhs/rec-admin/>

Summary of Recreation and Leisure Studies Technical Standards

Students completing the master's degree in recreation and leisure studies must possess/demonstrate the competencies needed for the provision of recreation and/or recreation therapy services at the administrative level. Students must understand the context of recreation services

in contemporary society, be able to identify and adapt to the issues and trends effecting the recreation profession and the communities in which services are provided, demonstrate the ability to be effective administrative leaders and effective fiscal resource managers, as well as demonstrate the ability to competently engage in the evaluation of programs and services. Students must also demonstrate the capacity to engage in critical thinking and effective problem solving and decision making. In addition, students must demonstrate the ability to apply the aforementioned knowledge and skills from a multicultural, inclusive, and nondiscriminatory perspective.

The program leading to the master's degree allows students to choose service learning projects, internships, or research activities that will prepare them for successful careers in the field. The program includes a research core, recreation core, and specific courses and electives in the student's area of concentration. A minimum of 30 credits is required for the degree with a plan of study submitted and approved during the first semester of matriculation. For further information, please contact eric.longsdorf@utoledo.edu.

Depending on student's goals, emphasis and scheduling preference, the master's degree with an emphasis in recreation administration can be completed online.

Code	Title	Hours
Required Program Courses		
RCRT 5310	Leisure And Popular Culture ¹	3
RCRT 5320	Administration In Recreational Therapy ¹	3
RCRT 5420	Leisure Program Research Techniques ¹	3
RCRT 6000	Issues And Trends In Recreation/Recreational Therapy ¹	3
RCRT 6020	Financial Resources Of Recreation And Recreational Therapy ¹	3

Program Concentration

Select one (1) of the following Options: A or B

A. Recreation Administration (9 Credit Hours)

Select three (3) courses from the following: 9

RCRT 5100	Community Event Planning ¹	
RCRT 5200	Planning and Promotion of Sport ¹	
RCRT 5300	Inclusion and Recreational Therapy Services ¹	
RCRT 5340	Leisure, Recreation, And Aging in Recreational Therapy Practice ¹	
RCRT 5410	Facility Planning and Design ¹	
RCRT 5610	Adventure Programming in Recreation and Recreation Therapy	
RCRT 6990	Independent Study In Recreation And Leisure (Advisor Approval Required)	

5000/6000 Level University Elective (Advisor Approval Required)

B. Recreational Therapy (26 Credit Hours)

NCTRC Certification Prerequisites (May be completed concurrently with graduate course study)

Medical Terminology
Lifespan Development Psychology
Abnormal Psychology
Anatomy and Physiology

Human Service Elective	
Human Service Elective	
RCRT 5300	Inclusion and Recreational Therapy Services ¹
RCRT 5640	Rt Intervention: Therapeutic Groups
RCRT 5720	Introduction To Therapeutic Recreation
RCRT 5730	Medical & Clinical Aspects Of Therapeutic Recreation
RCRT 5760	APIE in Recreation Therapy
RCRT 5790	Medical & Clinical Aspects Of Therapeutic Recreation II
RCRT 5810	Clinical: Psychiatric Rehabilitation
RCRT 5830	Clinical: Geriatric
RCRT 5870	Program Planning In Recreational Therapy
Select four (4) courses from the following:	
RCRT 5620	Animal Assisted Therapy
RCRT 5630	Therapeutic Activities
RCRT 5660	Relaxation And Stress Management
RCRT 5670	Rt Intervention: Leisure Education
RCRT 5680	Rt Intervention: Assistive Technology & Techniques
RCRT 5690	Rt Intervention: Aquatic Therapy
RCRT 5860	Therapeutic Fitness
RCRT 5900	Rt Intervention: Craft Therapy
RCRT 5910	Rt Intervention: Horticulture Therapy
Select one(1) course from the following:	
RCRT 5800	Clinical: Physical Rehabilitation
RCRT 5820	RT Clinical: Intellectual Deficits / Developmental Disability
Capstone Option (6 Credit Hours)	
Select one (1) of the following Options: A, B, or C 6	
<i>Option A</i>	
RCRT 5940	Internship In Recreation And Leisure or RCRT 694 Internship
<i>Option B</i>	
RCRT 6920	Master's Project In Recreation And Leisure
Select one (1) research/statistics course from the following:	
RESM 5110	Quantitative Methods I or SOC 5290 Social Research Statistics
SOC 5290	Social Research Statistics
<i>Option C</i>	
RCRT 6960	Master's Thesis In Recreation And Leisure
Select one (1) research/statistics course from the following:	
RESM 5110	Quantitative Methods I or SOC 5290 Social Research Statistics
SOC 5290	Social Research Statistics
Total Hours	30

¹ Denotes online course availability.

8. Ability to demonstrate a breadth and depth of understanding of applied and evaluative research in recreation and recreation therapy in relation to:

- Methodologies
- Human subject protection
- Ethics
- Research process
- Study Planning
- Validity/reliability
- Data collection
- Data analysis
- Manuscript and report development
- Application: Evidence-based practice
- 7. Ability to demonstrate a breadth and depth of understanding of the design and management of physical resources in recreation and recreation therapy in relation to:
 - Site Analysis
 - Functional Analysis
 - Land & Facility Use
 - Legal Requirements
 - Principles of design
 - Programming Relationships
 - Development of Master plans
 - Construction/green construction
 - Sustainable maintenance
 - Circulation, safety, control and security
 - Visitor Management
 - Auxiliary Facilities: (e.g. Playgrounds, aquatics, sports courts, strength areas)
 - Current and future perspectives, issues, and trends
- 6. Ability to demonstrate a breadth and depth of understanding of legal aspects, liability, and risk management in recreation and recreation therapy in relation to:
 - The judicial system
 - The legal process
 - Legal Issues
 - Authority and jurisdiction
 - Criminal liability
 - Civil liability: Contract law
 - Civil liability: Negligence law
 - Civil liability: Strict liability law
 - Civil liability: Nuisance law
 - Civil liability: Constitutional/equal rights
 - Risk Management: Assessment & planning
 - Writing risk management plans
 - Current and future perspectives, issues, and trends
- 2. Ability to demonstrate a breadth and depth of understanding of administrative leadership in recreation and recreation therapy in relation to:
 - Philosophies, theories, models, and constructs
 - Strategic planning
 - Organizational structure and design
 - Creating vision
 - Decision making
 - Establishing constructive climates and environments
 - Inclusivity and diversity
 - Effective communication
 - Fostering creativity and innovation
 - Managing conflict and negotiation
 - Developing leadership skills
 - Collaborative leadership

Current and future perspectives, issues, and trends

5. Ability to demonstrate a breadth and depth of understanding of the management of financial resources and fiscal operations in recreation and recreation therapy in relation to:

- Foundations of fiscal management and the cash flow cycle
- Models and constructs of fiscal management and planning
- Fiscal resource acquisition and financing
- Fiscal resource allocation
- Methods for measuring financial performance
- Managing inventory, accounts receivable, and accounts payable
- Reading and understanding annual reports
- Budgeting
- Balance sheets
- Assets, liabilities, and equity
- Revenues, costs, expenses, and profits
- Cash flow statements
- Managing day-to-day cash flow
- Current and future perspectives, issues, and trends

4. Ability to demonstrate a breadth and depth of understanding of the management of facility operations in recreation and recreation therapy in relation to:

- Management methods & models
- Strategic operational planning
- Service outsourcing
- Emergency management
- Developing operational systems and controls
- Energy management and renewable energy
- Managing equipment and subsystems
- Coordinating and scheduling
- Information technology
- Service delivery
- Quality assurance
- Current and future perspectives, issues, and trends

3. Ability to demonstrate a breadth and depth of understanding of the management of human resources in recreation and recreation therapy in relation to:

- Dynamic environment of human resource management
- Fundamentals of strategic of resource management
- Theories, models, and constructs of human resource management
- Equal opportunity employment
- Employment rights and discipline
- Human resource planning
- Employment searches
- Candidate recruitment
- Candidate interviews & selection
- Contract negotiations
- Orientation, mentorship & training
- Developing performance management systems
- Labor relations & collective bargaining
- Current and future perspectives, issues, and trends

1. Ability to demonstrate a breadth and depth of understanding that encompasses the conceptual foundations of the recreation and recreation therapy professions in relation to:

- Historical development including both profession and infrastructure advancement
- Key developmental pioneers
- Philosophies, theories, models, and constructs that govern and or direct the provision of services in contemporary society

- Cultural, social, and economic roles and impacts of recreation in contemporary society
- Defining leisure and recreation behavior
- Social and behavior science underpinnings
- Breadth and depth of the various types of service provisions in contemporary society
- Current and future perspectives, issues, and trends