

RECREATION AND REC THERAPY (RCRT)

RCRT 1300 Introduction To Recreation And Leisure Studies

[3 credit hours]

An introductory course which gives an overview of recreation and leisure in educational, governmental, institutional and professional settings. Explores historical, social and economic implications from personal and professional perspectives. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 1310 Introduction to Recreational Therapy Programming

[3 credit hours]

An introductory course that presents theories and principles of programming, program planning, practical experiences in implementation, and facilitation of recreational therapy programs. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 3310 Inclusion and Recreational Therapy Services

[3 credit hours]

An introductory course which defines the principals of inclusion and major legislation that impacts the provision and delivery of recreational therapy services for individuals with disabilities. Thirty hour volunteer component required. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 3710 Outdoor and Adaptive Sports Program Delivery in Recreational Therapy Practice

[3 credit hours]

An introduction to theory and techniques related to risk management, leadership, and administration of outdoor pursuits in RT practice as it applies to working with individuals in clinical and non-clinical settings. Students will also gain an understanding of adapted sports, modification of equipment, adapted sports competition for persons with disabilities and the classification system governing adapted sports competition for veterans. Minimum "C" required for RCRT majors. Prerequisite: Senior Standing and Acceptance in the Recreational Therapy program.

Term Offered: Spring, Fall

RCRT 4000 Community and Event Planning in Recreational Therapy Service

[3 credit hours]

This course introduces the principles, strategies, and risk management concerns for planning a variety of events to achieve RT treatment outcomes and community/social integration. Students gain experience planning accessible events for a variety of group sizes and diverse populations in RT service. Event critiques required. Minimum "C" required for RCRT majors.

Term Offered: Summer, Fall

RCRT 4010 Planning & Promotion of Sport

[3 credit hours]

This course focuses on the basic principles of marketing and delivery of services associated with intercollegiate athletics, professional, and multi-sport club operations, facilities and management of resources. This course also examines motivation and behavior of sports tourists.

Term Offered: Fall

RCRT 4040 Recreational Therapy Services within the Veterans Administration

[3 credit hours]

The course will focus on current trends, issues, and clinical techniques specific to serving Veterans within the Veteran's Administration VA system as a Recreational Therapist. Course content will include orientation to military culture and rituals, specific diagnoses, and conditions commonly experienced by Veterans, delivery of outcome-based RT interventions and special programs, partnerships, and an in-depth look into internships and employment opportunities within the VA system.

Term Offered: Spring, Fall

RCRT 4330 Administration In Recreational Therapy

[3 credit hours]

This course focuses on the administrative functions of delivering Recreational Therapy services. Students will gain an understanding of the aspects of management principles including ethics, legislation, technology, quality management, risk management, financial and human resources, marketing, and accrediting agencies. Minimum "C" required for RCRT majors. Note: Senior Standing and Acceptance in the Recreational Therapy program.

Term Offered: Spring, Fall

RCRT 4340 Leisure, Recreation, And Aging in Recreational Therapy Practice

[3 credit hours]

This course provides a study of the impacts of aging on leisure and recreation activities during middle and later adulthood by investigating the aging process, leisure across the lifespan, and the impact of leisure and recreation on quality of life and wellness from an RT perspective. Minimum grade of "C" required for RCRT majors.

Prerequisites: (RCRT 1300 with a minimum grade of C and RCRT 1310 with a minimum grade of C and RCRT 3310 with a minimum grade of C and RCRT 4720 with a minimum grade of C)

Term Offered: Spring, Fall

RCRT 4440 Park And Recreation Planning

[3 credit hours]

An integration of landscape architecture, facility design and location, as well as the functional aesthetic considerations of park and recreational facility planning. Emphasis will be on plan-formulation procedures.

Term Offered: Spring

RCRT 4450 Research Applications In Recreational Therapy

[3 credit hours]

This course introduces research applications utilized by Recreation Therapy practitioners. Students will learn about evidence based practice, development and implementation of survey research, and the use of experimental designs. Minimum "C" required for RCRT majors.

Term Offered: Fall

RCRT 4560 Recreational Therapy Interventions 1

[3 credit hours]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using Recreational Therapy interventions utilizing leisure education, assistive technology, and animal assisted therapy within treatment settings. Minimum "C" required for RCRT majors. Registration restriction: Acceptance into the RT professional sequence.

Prerequisites: (RCRT 1300 with a minimum grade of C and RCRT 1310 with a minimum grade of C and RCRT 3310 with a minimum grade of C and RCRT 4720 with a minimum grade of C)

Term Offered: Fall

RCRT 4565 Recreational Therapy Interventions 2

[3 credit hours]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using Recreational Therapy interventions utilizing therapeutic art, horticulture, and stress management/relaxation therapy within treatment settings. Minimum "C" required for RCRT majors.

Prerequisites: (RCRT 4340 with a minimum grade of C and RCRT 4730 with a minimum grade of C and RCRT 4740 with a minimum grade of C and RCRT 4560 with a minimum grade of C)

Term Offered: Spring

RCRT 4570 Recreational Therapy Interventions 3

[2 credit hours]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using Recreational Therapy interventions utilizing therapeutic fitness and aquatic therapy within treatment settings. Minimum "C" required for RCRT majors.

Term Offered: Fall

RCRT 4600 Therapeutic Arts

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using arts and crafts modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4610 Rt Intervention: Horticulture Therapy

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using horticulture modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4620 Animal Assisted Therapy

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using a variety of animal-assisted modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4630 Therapeutic Activities

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using a variety of games, humor and play modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4640 Rt Intervention: Therapeutic Groups

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using therapeutic group techniques and processes as a modality. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4660 Relaxation And Stress Management

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using relaxation and stress management techniques as a modality. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4670 Rt Intervention: Leisure Education

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using leisure education activities, including: social skills, values clarification, leisure awareness, resources and knowledge. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4680 Rt Intervention: Assistive Technology And Techniques

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes utilizing assistive technology, techniques, and resources in therapeutic settings. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4690 Rt Intervention: Aquatic Therapy

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes utilizing swimming, evidence-based aquatic programming methods, and resources. Minimum "C" required for RCRT majors.

Term Offered: Spring, Summer, Fall

RCRT 4720 Introduction To Therapeutic Recreation

[3 credit hours]

This course is designed to introduce the student to theories, models, principles, and history of therapeutic recreation service. Through lectures, discussions and self-directed learning activities, the student will examine the structure and function of therapeutic recreation processes in a variety of treatment settings. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4730 Physical and Neurological Diagnosis and Conditions in Recreational Therapy Practice

[3 credit hours]

This course is designed to provide the student with in-depth knowledge of the diagnostic criteria, etiology, and symptomology related to physical, neurological, sensory, and metabolic diagnosis and conditions across the lifespan with a focus on RT practice. RT interventions, pharmacological interventions, family involvement, risk management, and other implications impacting RT practice will also be examined.

Prerequisites: (RCRT 1300 with a minimum grade of C and RCRT 1310 with a minimum grade of C and RCRT 3310 with a minimum grade of C and RCRT 4720 with a minimum grade of C)

Term Offered: Fall

RCRT 4740 Assessment And Documentation In Therapeutic Recreation [3 credit hours]

This course introduces the student to the APIE(D) process, reviews assessment tools (standardized and self-designed) used in practice, common documentation methods and skills needed for therapeutic recreation practice including: initial assessment, treatment planning, documentation, and discharge planning. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4750 Group Dynamics In Recreational Therapy [3 credit hours]

This course introduces students to the concepts and theories of the therapeutic group process as it applies to professional practice. Students will be introduced to and practice: facilitation skills, behavior modification techniques, and effective communication and leadership skills. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4770 Recreational Therapy Project Design [1 credit hour]

In support of the recreational therapy internship, the student will design a capstone project that links practical experience with formal academic preparation. Minimum "C" required for RCRT majors. Prerequisite: Senior Standing and Acceptance in the Recreational Therapy program.

Corequisites: RCRT 4940

Term Offered: Spring, Summer

RCRT 4780 Recreational Therapy Project Evaluation [1 credit hour]

In support of RCRT 4770, this course requires the student to evaluate, and prepare a professional presentation of the recreation therapy internship capstone project. Minimum "C" required for RCRT majors. Prerequisite: Senior Standing and Acceptance in the Recreational Therapy program.

Term Offered: Summer

RCRT 4790 Psychological Diagnosis and Conditions in Recreational Therapy Practice [3 credit hours]

This course is designed to provide the student with in-depth knowledge of the diagnostic criteria, etiology, and symptomology related to psychological conditions across the lifespan with a focus on RT practice. RT interventions, pharmacological interventions, family involvement, risk management, and other implications impacting RT practice will be examined.

Prerequisites: (RCRT 4340 with a minimum grade of C and RCRT 4730 with a minimum grade of C and RCRT 4740 with a minimum grade of C and RCRT 4560 with a minimum grade of C)

Term Offered: Spring

RCRT 4800 Clinical: Physical Rehabilitation [1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the APIE(D) process with a physical rehabilitation population. Minimum "C" required for RCRT majors.

Prerequisites: RCRT 4730 with a minimum grade of D-

Term Offered: Spring, Summer, Fall

RCRT 4810 Recreational Therapy Fieldwork 1 [1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the Recreational Therapy APIE(D) process with a population served by a CTRS. Minimum "C" required for RCRT majors. Registration restriction: Acceptance into the RT professional sequence.

Prerequisites: RCRT 4730 with a minimum grade of C and RCRT 4790 with a minimum grade of C and RCRT 4740 with a minimum grade of C

Term Offered: Fall

RCRT 4820 Recreational Therapy Fieldwork 2 [1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the Recreational Therapy APIE(D) process with a population served by a CTRS. Minimum "C" required for RCRT majors. Registration restriction: Acceptance into the professional sequence.

Prerequisites: RCRT 4730 with a minimum grade of C and RCRT 4790 with a minimum grade of C and RCRT 4740 with a minimum grade of C

Term Offered: Fall

RCRT 4830 Recreational Therapy Fieldwork 3 [1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the Recreational Therapy APIE(D) process with a population served by a CTRS. Minimum "C" required for RCRT majors. Registration restriction: Acceptance into the professional sequence.

Prerequisites: RCRT 4730 with a minimum grade of C and RCRT 4790 with a minimum grade of C and RCRT 4740 with a minimum grade of C

Term Offered: Spring

RCRT 4840 Recreational Therapy Fieldwork 4 [1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the Recreational Therapy APIE(D) process with a population served by a CTRS. Minimum "C" required for RCRT majors. Registration restriction: Acceptance into the professional sequence.

Prerequisites: RCRT 4730 with a minimum grade of C and RCRT 4790 with a minimum grade of C and RCRT 4740 with a minimum grade of C

Term Offered: Spring

RCRT 4850 Recreational Therapy Internship Preparation [1 credit hour]

This course is designed to prepare the student for the recreational therapy internship process and professional employment in recreational therapy. Students will learn and practice professional skills, such as, resume writing, interviewing techniques, and professionalism. Student internship expectations and professional certifications and licensure are also addressed. Minimum "C" required for RCRT majors. Prerequisite: Senior Standing and Acceptance in the Recreational Therapy program.

Term Offered: Spring, Fall

RCRT 4860 Therapeutic Fitness [1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using therapeutic fitness modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4870 Comprehensive Program Planning In Recreational Therapy

[3 credit hours]

This course requires the student to apply cumulative knowledge of the RT APIE(D) process through designing evidence-based: treatment programs, program evaluations, protocols and treatment plans in recreation therapy practice. Minimum "C" required for RCRT majors. Prerequisite: Senior Standing and Acceptance in the Recreational Therapy program.

Term Offered: Spring

RCRT 4900 Seminar In Recreation And Leisure

[1-3 credit hours]

This course provides faculty the opportunity to develop additional curriculum in recreation therapy related academic areas not offered as part of the current curriculum. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 4930 Senior Internship

[4 credit hours]

An opportunity for the student to become totally involved as an intern in functionally related tasks which will help prepare for an appropriate role as a professional in the field. Not available for therapeutic recreation students. This course may be taken twice in the same semester.

Term Offered: Spring, Summer, Fall

RCRT 4940 Internship In Recreational Therapy

[5 credit hours]

In accordance with the University of Toledo and NCTRC certification requirements, this course requires 560 hours of internship experience over a minimum of 14 consecutive weeks supervised by a CTRS. The internship experience is only offered in the summer and requires faculty approval. Minimum "C" required for RCRT majors.

Prerequisites: RCRT 4950 with a minimum grade of D-

Term Offered: Summer

RCRT 4950 Recreation Therapy Internship I

[5 credit hours]

In accordance with the University of Toledo and NCTRC certification requirements, this course requires 280 hours of internship experience over a minimum of 7 consecutive weeks supervised by a CTRS. The internship experience is only offered in the summer and requires faculty approval. Minimum "C" required for RCRT majors.

RCRT 4960 Recreation Therapy Internship II

[5 credit hours]

In accordance with the University of Toledo and NCTRC certification requirements, this course requires 280 hours of internship experience over a minimum of 7 consecutive weeks supervised by a CTRS. The internship experience is only offered in the summer and requires faculty approval. Minimum "C" required for RCRT majors.

RCRT 4990 Independent Study In Recreation And Leisure Studies

[1-3 credit hours]

This course provides students the opportunity to develop an independent learning experience in support of academic and/or professional interests. Minimum "C" required for RCRT majors.

Term Offered: Spring, Summer, Fall